





Preschoolers performing in the holiday chorus included Fabiola Zavala, Diana Calderon, Gabrielle Mendez, Alfonso Parra, Juan Ruiz, Joan Hernandez and Merely Castaneda.

## Tri-city Family Education students share holiday with Belle Glade seniors

On Dec. 21 preschoolers and their moms, all students of the Glades Tri-City Family Education program, presented a colorful holiday program to the special folks who regularly attend the Belle Glade Senior Center. The seniors and staff were entertained with lively Mexican dances and rousing holiday songs and were all presented with fruit baskets prepared by the families. The fruit was donated by several Palm Beach County groves and produce growers and was packaged by the Tri-City students.

One appreciative 91-year-old lady remarked, "This was wonderful. I want to be alive next year this time so I can see you



Students Laura Calderon, Gloria Hernandez and Ana Zavala performed Mexican dances.

Others put in their requests for encores at Valentine's Day and Easter celebrations, which the families look forward to providing.



Pictured in their caps and gowns are PBC Literacy Coalition graduates Maria Elena Mendez and Minerva Senorine. Joining them in celebrating their success are, front row student Maria Sanchez, Glades Tri-City Family Education Center coordinator Anita Koch; back row students Laura Calderone, Eduarda Alonso, PBC Literacy Coalition Executive Director Darlene Koetrib, Maria V. Sanchez and Ery St. Louis Job Coordinator.

## PBC Literacy Coalition celebrates students

Students and staff of the Palm Beach County Literacy Coalition's Family Education Program in Belle Glade gathered at the Lake Worth High School for the Adult Learner Certificate of Achievement Graduation. Two of the programs students, Sister Maria Elena Mendez and Minerva Senorine received diplomas marking their advancement

forward the goal of attaining their GED, which they hope to earn in the next several months. In addition to their academic pursuits, both women are employed full-time. Sister Maria Elena at the St. Mary's Catholic Church in Pahokee where she is actively involved in community service activities and Minerva at Pratt-Whitney. Sister Maria Elena

came to this country from Mexico, and has worked hard to learn the English language. Minerva came to the U.S. from Jamaica to further her education with the goal of becoming a successful business woman.

Both ladies were commended for their dedication to education and to making a difference in the lives of others.

## First group of 'Do the Right Thing' nominees expected to be selected in February

By Tracy Whirls

The first group of nominees to be recognized in the pilot "Do the Right Thing" program, sponsored by the Palm Beach County Sheriff's Office in conjunction with Pioneer Park, Rosenwald, Belle Glade Elementary and Canal Point Elementary Schools, is expected to be selected next month.

According to PBCSO Deputy Michael Bair, the idea for the "Do the Right Thing" program was born in 1990 during a Miami Police award ceremony at which a teenager was recognized for turning in a loaded gun found at his school, despite pressure from his peers not to do so.

Community volunteers who witnessed the impact the positive recognition had on this teenager, decided to join forces with the Miami Police Department and development an on-going recognition program for students.

The Palm Beach County Chapter of "Do the Right Thing" is a nonprofit corporation dedicated to recognizing and rewarding youth excelling in a worthwhile endeavor.

"This program is for all kids, not just those that are at risk," Deputy Bair said. "It promotes good behavior and encourages children to be good peers for the rest of kids. A troubled child, if you congratulate him, it may change his life for the better."

The program, Deputy Bair said, ensures that youth are not only rewarded for "doing the right thing," but are publically recognized as role models for their peers.

Deputy Bair said response at local schools, where he met with teachers earlier this month has been positive.

The program is designed to be operated by teachers and school faculty as a means of promoting good or sometimes better behavior from the children and to reinforce concepts such as fair play, cooperation, kindness,

politeness and manners by providing a reward system for those children who have shown themselves by their behavior, deeds and/or accomplishments to be worthy of recognition.

"The qualifications to be nominated will vary from child to child as no two kids are alike or act the same," Deputy Bair said.

Children might be recognized for good behavior, such as always following the rules, never getting into trouble, doing his or her work and trying to keep up good grades.

Alternatively, a child might be recognized for good deeds, such as stopping a fight, turning in found money or property, helping out without being asked, or donating their time to help others.

Finally, a child might be recognized for his or her accomplishments, such as changing their behavior for the better, working toward a goal of bringing up his grades or completing a project worthy of congratulations.

Deputy Bair explained that each school has appointed a liaison who will pick up the teachers nominations forms each month and submit them to the board of directors who will select the 25 top students from each school for recognition each month. Of those, five students from each school will be recognized as "Do the Right Thing" winners, with one student being selected as the Glades area overall winner each month.

Students recognized by the program will receive t-shirts, certificates, an incentive package including school supplies, food coupons from local businesses and other awards.

Volunteer board members are still being sought and donations are needed from area businesses and individuals to provide the prizes to be awarded to the children. For more information on the program, contact Deputy Bair at 996-1670.

## The Shepherd's School

### Honor Roll List announced

K-5	Cory Hill
All As and Bs	Christopher Padgett
Gabriella Gold	Raion Jones
Michelle Henson	
1st	
All As	3rd
Adam Dixon	None
Marro de los Santos	
All As and Bs	4th
Kenneth Bain	All As and Bs
Wil Christmas	Heather Butler
Betty Gonzalez	
Sarah Herring	5th
Santonia Montgomery	None
LaShay Symons	
6th	
All As and Bs	Jonathan Dixon
7th	
None	
8th	
All As	Joanna McGlellan
All As and Bs	

## Belle Glade Elementary to host Florida Writes Workshop for parents Saturday

Parents are cordially invited to attend a Florida Writes workshop Saturday, Jan. 22 from 9:30 a.m. - 1 p.m. at Belle Glade Elementary School.

The workshop will be held in the media center.

Students from each fourth grade class will teach or demonstrate a component of the Florida Writes process. The components that will be modeled are:

- 1) The two types of writing done on the Florida Writes test.
- 2) Reading and interpreting prompts.
- 3) Brainstorming and planning.
- 4) Showing and not telling.
- 5) Scoring.

Door prizes will be given away and refreshments served.

Ms. Hankerson will conclude the workshop with a general overview and allow parents to work cooperatively to respond and score their response to a writing topic. Parents will also be given handouts that will assist them in helping their children with writing.

We are looking forward to seeing you there. Spanish and Creole interpreters will be available to translate as needed. All participants will receive a certificate of participation.

For more information, please contact Johnnie Hankerson at Belle Glade Elementary at 993-4490.

## TANGLEWOOD



## Active Affordable RETIREMENT

### ✓ MODEL HOME SALE

#### COMFORTABLE 2 BEDROOM

from kitchen design, screen room, ample storage, patio, includes kitchen appliances, carpet, drapery, A/C and landscaping (mature trees only).

WAS \$45,565

**\$41,359** #249

#### ROOMY 2 BEDROOM

WAS \$55,897

**\$46,980** #196

#### SPACIOUS 2 BEDROOM

WAS \$62,859

**\$54,755** #207

#### COMFORTABLE 3 BEDROOM

Screen room overlooks neighborhood park, rear swimming pool, designer carpet, golf cart garage, lots of house for the money.

WAS \$65,549

**\$59,498** #219

#### ROOMY 3 BEDROOM

Two-car garage, gas at 0.07 per gallon, granite counter, tile floors, tile patio and pool.

WAS \$73,906

**\$67,084** #259

#### SPACIOUS 3 BEDROOM

Exquisite tile, the beautiful den opens to screen room, carpet & drapery, granite counter, tile floors, tile patio and pool.

WAS \$101,468

**\$88,100** #244

### ✓ COMMUNITY

Enjoy the home, community and active retirement lifestyle you've dreamed about at a price you can afford! A gated community for seniors age 55+, offers both great quality and quality of life. Beautiful wooded setting close to shopping, restaurants and medical facilities.

### ✓ LOCATION

Sebring is the "best little city in the state," surrounded by lakes, golf courses and citrus country. Its handy Central Florida location is close to all the attractions, yet away from the congestion and high coastal prices. Good shopping, good restaurants, good medical, great golf and great fishing are just a part of its appeal.

### ✓ ACTIVE LIFESTYLE

- 15 Acre Recreation Complex
- Huge 28,000 sq. ft. Clubhouse
- Grand Ballroom & Concert Stage
- Art & Craft Room
- Card Room & Library
- Commercially Equipped Kitchen
- Billiards
- Lighted Tennis & Shuffleboard Courts
- Lap Pool & Swim Pool
- Whirlpool
- Horseshoes
- Petique
- Picnic Grounds
- Outdoor Dance Pavilion & Bandstand
- Activity Director
- 14 Area Golf Courses
- 36 Holes Night Next Door
- 8 Nearby Fishing Lakes

**7.34** bank financing

trade your RV or Motor Home

## TANGLEWOOD

at Sebring Lake

### U.S. 27 North

Sebring

(1/2 Mile North of Super Wal-Mart)

**1-800-386-4545**

**open Daily**

visit our website at:

[www.tanglewood.com](http://www.tanglewood.com)

directions:

From Boca & Fort Lauderdale

north on turnpike to 70,

west on 70 to US 27,

north on 27

From Ft. Myers

east on 80 to 29

north on 29 to US 27,

north on 27



Volunteers from Lenscrafters from around south Florida came to the Glades last week to provide vision screenings and glasses for more than 300 local children in the company's customized van, complete with exam room, fitting room and lens-grinding lab. The volunteers checked 100 children a day from elementary schools around the Tri-City area. Pictured are Dr. Jeff Morris, local volunteer liaison Kay Zaccanino, Jo Ann Steinhauer, Daniel Reyes, Amy Kressley, Larry Sider, Aimee Bray, Felicia Mathis, and Gina Sklar.



# Fad diets can cause you to lose more than the excess weight



Katrina Elkin  
Contributing Editor

these diets are nothing new, just the same old fad diets repackaged with new names.

The problem is some of them are dangerous to your health. It's hard for some people to

understand that just because you lose weight, it doesn't mean that you're automatically healthier.

Fad diets become popular because some people have success with them. Nearly any diet can cause an average person to lose five pounds the first week. Most of it is water weight.

The down side is that this is not permanent weight loss and as soon as you go off the diet, the weight will come right back.

Fad diets that require you to eat only one type of food may cause you to lose the wrong kind of weight. That is, you can

lose muscle -- and even bone mass -- instead of fat. The scale may say you weigh less, but you might be in worse shape physically than when you started the "diet."

Diet pills can also be dangerous, as many people found out with the "fen-fen" scare. Instead of just losing weight, some women lost their health. Some even lost their lives.

There's a new diet pill on the market now that is gaining popularity.

When I read about it, I was surprised to find that in order for the pill to work, the dieter

must stay on a strictly controlled diet. It seems to me that if they would just stay on that diet, they would lose weight with or without the medication. Of course the medication does give them some incentive. If they eat too much fat while on these pills, they can have uncontrollable bowel movements.

Another diet that is still making the rounds is high in fat, even animal fat, and low in carbohydrates. This diet is sometimes prescribed by doctors to certain patients who have diabetes. Just because it is pre-

scribed by doctors for some patients does not make it safe for everyone else. The diabetics who are on this diet under a doctor's care are being carefully monitored. The average dieter does not have someone checking his or her blood pressure, blood sugar and cholesterol levels every week.

How can you safely lose weight? The answer is simple, but not popular.

Eat a healthy balanced diet and get plenty of exercise. By a healthy balanced diet, I mean a low-fat diet that includes plenty of fresh fruits and vegeta-

bles. Most doctors agree that it is safe to lose an average of two pounds per week. If you try to lose weight any more rapidly than that, it could be dangerous unless you are under a doctor's care.

Before making any change in your diet or exercise plan, check with your doctor. A diet can be like prescription medication. It should be tailored to your metabolism and health status.

And don't forget to eat your breakfast -- just make sure it is low-fat.

## ER Chronicles: It was a pretty big heart attack



Arlen R.  
Stauffer,  
MD

A thump on the oak floor in the living room demanded Martha's presence. She flew around the corner, her eyes wide open.

"Harold!"

"Ocean's ER, this is Medic 312."

The radio on the counter behind Dr. Tammy Cortez came to life. Cortez shifted in the ER today had been relatively quiet up to this point. This was all about to change.

"We're three minutes out with a 54 year old man in shock." The paramedic's voice rose a notch as she continued the radio report. "He complained of chest pain, and collapsed onto the floor a few minutes later. His blood pressure is 80 over 50; he's pale and clammy."

Cortez rose from her chair. ER nurse Phil moved toward Resuscitation Room 3 to get ready. The secretary called the EKG technician and the Respiratory Therapist.

The entire ER team converged on Resuscitation Room 3 as the paramedic rolled Harold's stretcher into position. Six pairs of hands descended onto this suffering man.

As Phil started a second IV line in Harold's arm, another nurse connected the cardiac lead wires, and technicians applied the EKG pads to the chest and drew blood for lab testing from an arm.

Cortez asked quick, focused questions. She knew that she might not have much time to get useful information from Harold; he could be unconscious at any moment.

"The chest pain just started about an hour ago? And you feel it in your shoulder, too?"

Harold nodded. He closed his

eyes and tried to draw a deep breath from the oxygen mask.

"And you had a stroke in October?"

"Yes," Harold whispered. Cortez shook her head and frowned, but Harold could not see her from his position on the bed.

Phil glanced over at Cortez. "His BP is 78 over 50. Looks like a junctional rhythm at a rate of 90 to the monitor."

Cortez nodded as she scanned the EKG rolling off of the machine.

"He's having an acute anterior MI."

The words confirmed what everyone had feared: Harold was having a big heart attack. His heart muscle was so stunned that it was not able to pump enough blood to maintain adequate flow or to feed the important organs in Harold's body. He was in cardiogenic shock.

The sense of urgency in the room grew more acute. Everyone understood the poor outlook for this man unless something good happened pretty soon.

Cortez peered at the chest X-ray hanging on the lighted box next to Harold's bed, then began calling out orders.

"Let's get some Dopamine going; we've got to get his blood pressure up a bit. Did you get the cardiac lab work ordered? Tell the lab we need everything right now!"

She looked back at the monitor. "Get Moreman on the phone for me!"

It was time to get the cardiologist in on this. The recent stroke made it risky to administer the "clot-buster" drugs that can open a plugged coronary artery and stop the heart attack in its tracks. A hemorrhage in that stroked area of the brain would certainly be quickly fatal.

She was adding additional medicines to the list of orders when the secretary held the telephone up and signaled to Cortez. She had a brief, pointed conversation with John Moreman, who indicated that he would come down from upstairs. Within minutes, he

joined Cortez at Harold's bedside.

A nurse brought Martha in to join the group. She had been waiting impatiently in the Family Room, and she looked up with frantic eyes at Cortez. Cortez leaned in over Harold's face, and spoke to him and his wife.

"It's a heart attack, and it is a very serious one. This is the cardiologist, Dr. Moreman. We've been reviewing all of your past history, and we feel it would be too risky to give the 'clot-buster' heart attack drug, because of the stroke you had a few months ago."

She paused to let this sink in. Martha looked even more fran-

ger chin.

"What can we do?" she whimpered.

"I'm recommending that we go straight to the catheterization lab," Moreman interjected, "to try to get this artery open."

"Whatever it takes, Doctor," Martha begged.

"We can try to get a balloon into the blocked area and open it up," Moreman headed for the phone to alert the cath lab.

Cortez patted Harold on the leg as she walked toward the doorway of the room. Martha followed.

"How does he look, Dr. Cortez?"

"This is very serious, ma'am."

attack. His best chance will be getting that blocked artery opened up real soon."

Martha returned to Harold's side. She took his hand in hers, and gave it a squeeze. Harold managed a small smile as he peered over the oxygen mask and into Martha's eyes. It was a wry smile Martha had known and loved for 32 years.

"It's OK, Babe," he mouthed silently.

She squeezed his hand harder. Each second that ticked by felt like an hour. Touching Harold's damp skin nearly gave her a chill, but she pressed as close as she could. She wasn't ready to let go of

begin rolling his bed toward the cath lab.

Each day in this country, more than 4000 people suffer a heart attack, and nearly 1000 die from the attack.

Risk factors for coronary artery disease include cigarette smoking, high blood pressure, high cholesterol levels, diabetes, a sedentary lifestyle, and a history of heart disease in the family.

Advances in medical therapy promise to improve the survival odds, and modern interventions, such as balloon angioplasty and stenting, have saved many lives.

## THIS WEEKEND at the fair

FRI. JAN. 21 - SUN. JAN 23

### FRIDAY - GATES OPEN 12 NOON

**Intercoastal Health Day**  
Get your 13 coupon in the Palm Beach Post for \$3 off adult age admission.  
Compliments of Intercoastal Health Systems  
180 Good Samaritan & St. Mary's  
**Classic Rock Superstar of the 60's, 70's, 80's & 90's**

**STEVE MILLER BAND**  
8 PM  
Maritimeplace CONCERT SERIES



RESERVED SEATS - \$25 / FESTIVAL LAWN - \$15

### SATURDAY - GATES OPEN 10 AM

**Lustre Craft Day**  
Special family entertainment and activities will be presented in the Coral Sky Amphitheatre

**Midnight Magic**  
The Saturday Night Place To Be!

Admission & Ride All Rides After 10 PM for Only \$20.  
(Admission Portion of Ticket Good All Day)

### SUNDAY - GATES OPEN 10 AM

**El Dia Del Fest**

A Day of Celebration and Fun of our Hispanic Heritage.  
Come early for the Fun then enjoy the concert at 5 PM



**ELSIE MUNIZ**  
The Queen of Latin Ball

Plus Dominican Star KHOTO and One More Act!

Sponsored By: RADIO FIESTA

Maritimeplace CONCERT SERIES

### EVERY DAY - GATES OPEN M-F NOON

#### ROYAL HANNEFORD CIRCUS

8 Exciting Acts. International performers will take your breath away and leave you with a smile. Absolutely FREE. Performances 1, 4 & 7 PM. Sponsored by WFTS



#### Performing Daily From the EXPO Stage

#### TONIC SO FA

Enjoy the amazing acrobatics, the powerful presence and light-hearted humor of one of the hottest groups to come out of the Midwest. 4 Shows daily, starting on the 16th. Sponsored by WFTS



#### HYPNOTIST, MARK YUZUIK

The Master Hypnotist is back by popular demand for 2 shows nightly at 6:30 and 8:30 PM. Starting on the 16th.

#### MAD SCIENCE - DON'T TRY THIS AT HOME

An interactive high energy show that will spark the imagination and curiosity of children of all ages. 5 shows daily starting on the 17th.

#### NIGHTLY FPL LASER FANTASY SHOW

Thrill to the nightly excitement of this world class production, choreographed to music. Who knows it may even snow. FREE performance nightly at 8:30 pm. Sponsored by FPL



#### EXPO 2000

The Journey Begins

Take a peek into the possibilities of the next century in our exciting EXPO.

Sponsored by BELL SOUTH Mobility

The Best of the Best

## Drawbridge Restaurant to host MDA

The Drawbridge Restaurant will host the annual MDA Belle Glade Lock-Up to benefit the Muscular Dystrophy Association on Thursday, Jan. 27.

The MDA Lock-Up program is the Muscular Dystrophy Association's signature fund-raising campaign. Each event targets a specific town. Community business people are asked to donate one hour of their time to raise funds for MDA. The day of the event "Jagbirds" are transported to the host site location, go before a "Mock Judge", are sentenced, and placed into their "jail cell" with a cellular phone to raise "bail" for "Jerry's Kids." All funds raised from this event stay locally to help improve the quality of life for the children and adults in our community with neuromuscular disease.

The Muscular Dystrophy Association is a national voluntary health organization dedicated to finding the causes and cures of forty neuromuscular diseases. MDA also provides comprehensive medical and recreational services to those who have muscular dystrophy. MDA provides financial assistance in the purchase and repair of wheelchairs and leg braces, clinic visits at St. Mary's Medical Center, summer camp for children ages 6-21, and hope for tomorrow through funded research at the University of Miami School of Medicine and the Mayo Clinic in Jacksonville.

MDA relies on the generosity of caring people in the community to be able to provide these services at no cost to these individuals or their families.



**SOUTH FLORIDA FAIR**  
JANUARY 14-30, 2000

**EXPECT THE UNEXPECTED!**

9067 Southern Blvd.  
West Palm Beach  
Information Center:  
(561) 793-0333

GOT A QUESTION? NEED HELP? **GUEST SERVICES**

SEE OUR WEB SITE: [WWW.SOUTHFLORIDAFAIR.COM](http://WWW.SOUTHFLORIDAFAIR.COM)  
FOR A COMPLETE LISTING OF ALL ACTIVITIES AND SCHEDULES

# OPINION PAGE

Feel strongly about local issues?



The Sun  
INVITES YOU TO  
**SPEAK OUT!**  
(561) 996-6636

Speak Out is our 24-hour opinion line.

Call 996-6636 to express your opinion or ask questions about public issues. You are not required to give your name. While we want you to speak out freely, the newspaper reserves the right to edit calls for clarity, brevity, relevance and fairness.

## Florida's dirty secret

Florida's got a 'dirty' secret. It's growing rapidly and it's coming to your neighborhood. It's litter and illegal dumping, which together have become the state's number one solid waste problem.

Even though our litter law calls for a 50 percent reduction, research shows litter is up by 17 percent.

It's not just a threat to our natural resources, but also to our communities and neighborhoods.

It's unsightly, unhealthy, lowers property values, is bad for the economy, costs you tax dollars and even attracts criminal activity.

Sheriffs and other law enforcement professionals report that when neighborhoods are cleaned up, crime goes down.

Litter is becoming so difficult for local communities that mayors from across the nation gathered in Tampa this fall for the first U.S. Congress of Mayors Litter Summit.

During the conference the mayors shared their litter problems and their success stories in this growing fight against blight.

It's not just local governments which are spending on litter cleanup. Last year Florida businesses reported spending close to \$2,400 annually to keep their properties clean of litter. And that is in addition to the taxes they pay, in support of Florida's Solid Waste Management Trust Fund which generates \$55 million per year.

Interestingly, less than 1 percent of the trust fund has been directed toward litter cleanup efforts so far.

Many state and local agencies, not to mention Florida's 13 1/2 million citizens, have a stake in litter and trash and its negative impact on water quality, wildlife habitat, highways, communities, public health and safety and local economies. But nobody is clearly in charge of the issue.

There are ways each of us can help get rid of this unwelcome intrusion into our communities and neighborhoods.

Become personally involved in the Florida Great American Cleanup during March and April this year.

Some 100,000 of your neighbors and fellow Floridians are expected to team up with businesses and local government to clean up, fix up and keep up their communities and neighborhoods during the 2000 Great American Cleanup.

To volunteer for the cleanup in your neighborhood, call Keep Florida Beautiful at 1-800-688-1959 or visit their website at [www.KeepFLBeautiful.org](http://www.KeepFLBeautiful.org) for more information. Let state officials and your local legislators know that you want them to do their

share through effective leadership and adequate funding to help clean up litter and trash in your neighborhood and community.

And, finally, make a new millennium resolution not to litter yourself, or sit quietly when friends or family members litter.

If we all pitch in, this is one difficult community and environmental problem we can clean up for good in the new millennium.

## What, no more free coffee?

Why are the city commissioners taking away our free coffee?

As an employee of the City of Belle Glade I need to know why we will not be receiving free coffee daily at our work site.

I have talked with other employees and I was informed that the city was spending \$7,5000 a year for coffee at the taxpayers expense. It was also noted that Commissioner Wilkerson has begun to question the cost and suggested this item be placed in another budget.

Please do not take away our coffee. We need it to perform.

Thank you.

## Editor's note: City Manager W. Shelton

Smith said the removal of the employees' free coffee was done in error and has been reinstated. He did note, however, that this item will be looked at and discussed during next year's budget workshops.

## Bridge work inconvenient

What's the status of the bridge across the canal near the U-Save Supermarket? The powers that be need to realize having that bridge closed is highly inconvenient for many, many people.

No work seems to be in progress to open it in a timely manner. What gives?

Thank you.

**Response:** Director of Public Safety and Chief of Police Michael Miller says that project will take several months. He also noted the SR 715 Bridge in Chosen will be under construction possibly beginning in August of 2000.

**Editor's Note:** Glades General Hospital Chief Executive Officer James E. Purcell asked if he could respond to last week's caller concerning the City of Belle Glade's insurance carrier. The following are his comments: "I empathize with your concerns relative to the rising insurance costs and the need for companies to make cost effective decisions."

Speak Out continues on Page 5



## Letter to the Editor

### Carnival was a success

Dear Editor:

On behalf of The Lakeside Community Renewal Inc., I would like to thank everyone who helped make our carnival a success. Thanks to the City of Pahokee for providing the place to have the carnival and thanks to the neighbors surrounding the carnival area who were willing to endure the noise for four nights so the families of our community could have something special to do.

Special thanks goes to the Pahokee Police Department's Sgt. Dennis Hodges, and Officers Hanks, Campbell, and Solits; The Palm Beach County Sheriff's Office Bicycle Unit, Deputies Ray Ruby, Mike Johnson, Lucy Quinones, and

Thomas Padgett; and Citizens Observer Patrol arranged by Deputy Gary Pace, for their part in keeping the event a peaceful one. Frequently, a small group of troublemakers ruins such an event for the majority who are there to enjoy themselves. Thankfully, the high visibility of law enforcement provided the fair-goers with a feeling of security and prevented all but the smallest infractions which were handled with speed and efficiency.

And finally, thanks to you at The Sun for your announcement for our event. We are always proud when we see Pahokee mentioned positively in your publication. Thanks again!

Yours very truly,  
Shirley L. Jarrell, President

## Investing for Retirement: The Sure Thing

Many people across the country stand in line at their local convenience store every week to play lottery. They believe that's the only way they can retire a millionaire. Think again. Radford University finance professor Clarence Rose says if people would invest the money they spend every month on the lottery, their retirement would be a sure thing rather than a chance in a million.

There are three legs to the comfortable retirement stool. The first is Social Security if they've worked for a total of 10 years. The system provides a safety net for those who haven't saved enough for retirement and it is biased in favor of lower income people. The average monthly benefit in the year 2000 for a single person will be \$804 and a little more than \$1,400 for a couple. About one third of the population's only retirement income is Social Security; and for about two thirds it's at least half," says Rose. "That should be an important wake up call for people to take more responsibility." Many debate whether Social Security will be around for those who pay in to it today. RU finance professor Jim Ross says some schools of thought are undecided whether Social Security will still be paying benefits in the future. "Legislators have nudged the age up for collecting benefits and we may see an imposition of a means test," says Ross. For example, if you were born after 1959, your retirement age is 67 and it's 66 for those born between 1943 and 1954. "Over time, Congress will make some changes and benefits will continue to be paid."

The second leg of the stool is a benefit plan given by the employer. Over the years these pension plans have changed, says Ross. The first generation of the pension is called the "defined benefit" plan. Employers defined the level of

retirement benefit the employee would receive depending upon final salary and years of service. This was a promised benefit; however, through the years some were denied this retirement money because their employers went out of business.

In most areas this plan has been changed to a "defined contribution plan" in which the employer will contribute a certain amount each year into the worker's pension fund. A trustee will keep track of the fund and how it's invested. Employees have choices on how it is invested; therefore, they have to keep up-to-date on their options so their investments will show larger returns. This is a way employees can take responsibility for their own money. Long term investing results show "common stocks" give superior results compared to bank accounts and bonds," says Ross, "but there is more risk involved. As people get older the more conservative in investing they become since they don't have time to make up for losses. If you have more than 15 years before retirement, stocks have always given more return."

The third leg of the stool is voluntary investing through tax deferred retirement plans such as a 401k plan. Through this plan, money is taken directly from the paycheck before taxes and many companies will match a percentage of the employees' contributions. This fund is tax deferred until it's withdrawn when the employee retires at 59 1/2 or later. "This is a great deal," says Ross; "it is important that people invest the maximum whenever possible. After a while they don't even realize it's coming out of their paycheck."

The next type of voluntary plan is IRA. Investors can contribute up to \$2,000 annually.

Investing for retirement/See Page 5

## The Sun

### A PLEDGE TO OUR READERS

- ✓ To operate this newspaper as a public trust.
- ✓ To help our community become a better place to live and work, through our dedication to conscientious journalism.
- ✓ To provide the information citizens need to make their own decisions about public issues.
- ✓ To report the news with honesty, accuracy, purposeful neutrality, fairness, objectivity, fearlessness and compassion.
- ✓ To use our opinion pages to facilitate community debate, not to dominate it with our own opinions.
- ✓ To correct our errors, and to give each correction the prominence it deserves.
- ✓ To provide a right to reply to those about whom we write.
- ✓ To treat people with courtesy, respect and compassion.

**PUBLISHER'S NOTICE:** All real estate advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or intention to make any such preferences, limitations or discrimination. We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised herein are available on an equal opportunity basis. **ERRORS:** The liability of the publisher on account of errors or omissions from any advertisement will in no way exceed the amount of the charge for the space occupied by the item in error, and then only for the first incorrect insertion.

417 NW 16th Street, Suite 6  
Belle Glade, FL 33430  
Phone: 561-996-4404  
Fax: 561-996-2209

Brenda Bunting.....Editor & General Manager

Yvonne Jones.....Office Manager/Graphics

Tracy Whirls.....Associate Editor

Margaret Stairs.....Sales Consultant

The Sun (USPS 005026) is published weekly for \$15.00 plus tax, per year in Palm Beach County; \$30.00 plus tax, per year out-of-county, by Independent Newspapers Inc. 417 NW 16th Street, Suite 6, Belle Glade, Florida 33430. Periodicals postage paid at Belle Glade, FL.

**POSTMASTER:**  
Send address changes to The Sun  
P.O. Box 2226, Belle Glade, FL 33430



## About letters

To voice your opinion about Glades issues, or to respond favorably or unfavorably to articles printed in the paper, we encourage you to write us a letter. Send to:

The Sun  
417 N.W. 16th Street\*6, Belle Glade, FL 33430



## Someday, we may be able to control weather



Mike Lyons

Mark Twain complained over a century ago that everyone talks about the weather but no one does anything about it. Back during Twain's time no one could do anything about the weather. Just understanding the environment was difficult enough.

Today our knowledge of the atmosphere is much more sophisticated. We understand how the weather works. Forecasters still make mistakes but the accuracy of their predictions continues to improve. Still, that is not good enough for some people. There are currently more than 40 public and private weather modification groups attempting to manage the atmosphere. These people aren't just talking about the weather they really are trying to do something about it.

From Saskatoon to San

Antonio, research teams, state and local agencies, utilities and insurance companies are paying big bucks to try to change the weather. In most cases, these groups are trying to make it rain so that crops grow and a drought is averted.

Humans have long dreamed of controlling the weather but it has only been in the last 50 years that the dream became possible. The biggest breakthrough came in 1946 when researcher Vincent Schaefer discovered that dry ice or silver iodide dropped into a cloud would produce precipitation.

Today, the basic concept of seeding clouds remains the same. However, some new ideas are currently being tested.

In northern Mexico, researchers from the National Center for Atmospheric Research along with several Mexican Universities are trying to make it rain using pyrotechnic flares mounted on the wings of airplanes.

The planes fly along the base of the cloud so that moisture-laden particles produced by the burning flares rise into the clouds. As the cloud's water vapor is attracted to the particles, water droplets are formed, which fall through the cloud as rain.

At least, that is the theory. This method of cloud seeding was first tried in South Africa

more than seven years ago with promising results.

In North Dakota weather modification project pilots use a Piper Twin Comanche to fly into the path of developing thunderstorms.

Each wing tip of the plane features a special generator that burns and then sprays silver iodine into the evolving storm. The goal is not to create rain but to reduce the formation of damaging hail.

Efforts to make it rain are also underway in Arizona, Texas and Colorado. In Alberta, Canada, the Alberta Hail Suppression Project is celebrating its 40th anniversary. There are even weather modification projects underway in Europe and the Middle East.

While these efforts have had some success, scientists admit that we are a long way from ever controlling the weather. After all, in order to seed clouds to produce rain, there must first be clouds. And, not all clouds will create precipitation.

Still, experts predict that someday weather modification may help to reduce the impact of severe weather. That means eventually we will be able to do more than just talk about the weather, we might actually be able to do something about it. (Mike Lyons is the chief weather forecaster for WPBF-TV)



A CHECK FOR \$1,000 was presented to the Dolly Hand Cultural Arts Center by Laureate Gamma Zeta Sorority to be used for the Center's Theatre for Schools program. The sorority raised the money during the Holiday Tour of Homes in Belle Glade in December. Shown, from left are sorority member Echo Painter, Center Board Chair Pepe Lopez and Center Director Leigh Woodham.

### Investing/From Pg. 4

and \$2,250 per married couple with only one person working, tax deferred until it is withdrawn. The Roth IRA is similar but money is invested after taxes and withdrawn tax free. However, if you take money out of an IRA before you are 59 1/2 you will face a large penalty tax.

The 401k and the IRA are investment vehicles. There are many ways to use those vehicles for the most gain. Of course the sooner you start the more you can accumulate, says RU finance faculty member and former financial advisor Buz Engelhard.

"If you are 45 years old and have 15 years to invest, historically you have a 100% chance to make a positive result in stocks. And the best way to invest in stocks for retirement is in mutual funds."

A mutual fund may own stock in 85 different companies, for example, so that one share of the fund is immediately diversified. This diversification reduces the risk of losing money because if one stock goes down another may go up.

You can get a reasonable return without as much risk as putting all your money in one stock.

"Just do it." That's the key phrase for everyone who hopes to enjoy retirement without financial stress.

The best time to start is when you get your first job. If a 25 year old puts \$100 a month into a retirement mutual fund, with just a 10 percent yield over 40 years they will have more than \$500.00 to retire on. Engelhard says if the 25 year old cannot afford \$100 a month, they can start out with \$50 and increase the monthly amount every year.

For those who have put off saving for retirement and are in their 40s or 50s, there's still hope. "When you're older you need to put more in, and decide exactly how much you want to retire on and try to meet that goal. You may have to make sacrifices," says Engelhard.

"For many the ideal retirement income is 70 percent 80 percent of their final salary," says Rose. "You may want to invest for more since people usually spend more money when they're on vacation than

while they work, and retirement is a long vacation." Someone can be retired for more than 20 years and each year the retiree is taking money out of investments to live on. It's best to keep most of the money invested so it can keep growing.

Whether you're 25 or 50 and if you want to figure out how much you need to start saving, talk to a financial advisor.

They will help you understand how much you're saving or will save for retirement and whether you can reach that goal.

### Speak Out/From Pg. 4

In the Speak Out, it was mentioned Palms West Hospital is not a provider for Beech Street Corporation. Please understand Glades General Hospital is a provider with Beech Street Corporation and would be happy to assist in your health

care needs. Additionally, I would like to provide you the names of three pediatricians located within a five mile radius of Belle Glade that are providers for Beech Street and are listed as accepting new patients. They are Charles Azan, M.D., Maritza Samuel,

M.D., and Taskin Hagde, M.D. I hope this provides you with ample information to make a quality health care decision for yourself and your family. I am convinced all of your health care needs can be met in Belle Glade. Thank you."

## CRIME STOPPERS



Wallace Freeman

Crime Stoppers of Palm Beach County, Inc., is asking citizens to help locate Wallace Freeman who is wanted for violation of probation on charges of robbery, robbery with a weapon and driving while under the influence.

Freeman is a black male, 6'0" tall, and weighs 175 pounds. He has black hair and brown eyes and his date of birth is May 2, 1967.

His last known address was

1721 North 19th Avenue, Lake Worth. His Social Security number is 208-58-8853 and his last occupation was as a carpenter. His warrant was active as of January 4, 2000.

If you know the whereabouts of Wallace Freeman or anyone involved in a serious crime, call Crime-Stoppers at 1-800-458-8477. You can remain anonymous and still receive a cash reward if your tip leads to an arrest.

## Arrest Blotters

**Editor's note:** The police news on this page lists arrests, not convictions, unless otherwise stated. Arrested persons who later are found not guilty or have had the charges against them dropped are welcome to let us know. We will confirm the information and print it.

### BELLE GLADE

The Belle Glade Police Department handled 568 complaints and gave 46 traffic citations the week of January 10-16.

Those arrested included:

January 10 - Juvenile, 16, possession of marijuana under 20 grams and resisting arrest without violence; Westley Dorle, 24, failure to appear on charges of loitering and prowling and petty theft.

January 11 - Patricia Coleman, 31, failure to appear on charges of trespassing; Inez Martinez, 43, aggravated domestic battery with a deadly weapon and tampering with a witness.

January 12 - Andrew Harold, 40, burglary of an occupied structure.

January 13 - Ramero Castillo, 22, armed burglary and grand theft; Nelson Medrano, 19, grand theft and armed burglary; Juvenile, 11, aggravated battery with a deadly weapon; Noel Maldonado, 25, aggravated assault with a deadly weapon and stalking; Juvenile, 14, retail theft; Juvenile, 16, retail theft.

January 14 - Willie McClorin, 37, contempt of court.

January 15 - Aretha Bailey, 38, failure to appear on charges of retail theft; Juvenile, 14, burglary of a vehicle and petty theft; James Spear, 29, warrant for failure to pay child support; Juvenile, 6, aggravated battery with a deadly weapon.

January 16 - No arrests made.

### SOUTH BAY

The South Bay Police Department made 11 arrests the week of January 9-15.

Those arrested included:

January 9 - No arrests made.

January 10 - Julius C. McGriff, 37, battery

on a law enforcement officer and introducing contraband into a correctional facility.

January 11 - Owen Virgil, 51, trespassing after warning; Senovio Perez, 37, warrant for assault and aggravated stalking.

January 12 - No arrests made.

January 13 - Charles R. Nelson, 45, grand theft; Willie Freeman, 40, grand theft; Timothy Wright, 46, aggravated battery.

January 14 - Ray King, 23, violation of the open container law; Ricky Green, 23, possession of marijuana under 20 grams; Corretta Wells, 19, possession of marijuana under 20 grams; Ricky Green, 28, warrants for failure to appear on charges of driving without a driver's license and violation of probation on charges of possession of marijuana.

January 15 - Martie Ray Smith, 37, possession of drug paraphernalia.

### PAHOKEE

The Pahokee Police Department handled 165 calls, issued 6 traffic citations and made 10 arrests the week of January 10-16.

Those arrested included:

January 10 - Juvenile, 17, aggravated domestic battery.

January 11 - Celido Diaz, 22, affray; Anne Brown, 18, affray.

January 12 - Gary Row, 26, trespassing after warning; Joann Walker, 42, burglary and violation of an injunction order.

January 13 - Anthony Middleton, 40, petty theft.

January 14 - Juvenile, 13, grand theft auto.

January 15 - Shirley Moore, 35, warrant for failure to appear; Ibarra Navarro, 23, domestic battery; Alejandro Cruz-Tellez, 34, carrying a concealed firearm.

January 16 - No arrests made.

## MESOTHELIOMA

**FREE BOOK reveals important information about Mesothelioma and asbestos exposure.**  
NO FEE or costs unless you win.

For your free book **1-800-546-7777** toll-free 24 hrs/day

SHAPIRO & SHAPIRO, LAWYERS FREE consultation. The hiring of a lawyer is an important decision that should not be based solely upon advertisements. Before you decide, ask us to send you written information about our qualifications and experience.

1720 Harrison St. • Hollywood, FL 33020  
Offices in New York & Florida

## Should you and your family have a LIVING TRUST?

Did You Know That...

- Retired homeowners may save their families thousands in taxes with a Trust!
- If you have a will, your family may still go to court!
- The Wall Street Journal says, "If you own Real Estate, whether paid for or not and have even modest assets, you should have a Revocable Living Trust."
- If you don't plan, then the government has a plan for you that you may not like!

Our Attorney will show you in a warm & friendly atmosphere, how a Revocable Living Trust may benefit you and your family.

You and your family are invited to attend this FREE one-hour community service event.

### DRAWBRIDGE CAFE

3300 West Lake Road

Belle Glade

Thursday, January 27 @ 2:30PM

### CLEWISTON INN

108 Royal Palm Avenue (Sugar & Spice Room)

Clewiston

Thursday, January 27 @ 6:30PM

Isn't it time to take control of your estate?

For Information and Reservations, call

**(800) 874-8724** 24 hours a day

Couples are encouraged to attend together.

Sponsored by:

Florida Estate Services of Atty. A. Patricia Barwick

Florida Estate Services of Attorney A. Patricia Barwick, State Bar #0085000, is a Full Service Trust, Estate Planning, Asset Protection and Elder Care Firm. "Regularly priced at \$6.99 for only \$2.99 if purchased at the seminar in 2000 equal No admission charge or obligation. Headquarters at: 5301 West Kennedy Blvd., Suite #606, Tampa, FL 33609. The hiring of a lawyer is an important decision that should not be based solely upon advertisements. Before you decide, ask us to send you free written information about our qualifications and experience." Advertisements #W730 KEBA



# Sports this week

## Glades Central Soccer team takes on Royal Palm Friday at home



Varsity soccer coach Lori Motel gives the team instructions before their game.

### By Tracy Whirls

While soccer may be the most popular participation sport for both boys and girls in the United States, in the Glades football is king—so much so that the Glades Central varsity boys soccer team must wait until football season ends before they can schedule any home matches. But the young men on the squad and their coach Lori Motel soon hope to make soccer as exciting for fans as football has always been.

"We're in a building season," said Coach Motel, a New Yorker who played soccer in college and is in her first year coaching the varsity squad. "Our team is composed of excellent individual athletes who need to learn to play as a team."

Comprised largely of Haitian and Mexican immigrants who are new to the area, the young men on the squad are used to playing "pick up" soccer in their home-lands, where soccer is the national pastime.

"Communication has been our biggest problem and the lack of being exposed to playing on organized teams or participating in structured athletics," Ms. Motel said. "One-on-one, they can dominate any one playing in this area. Teamwise they have no idea because they haven't played as a team since they were little."

After playing together since school began in August, Ms. Motel said the team is beginning to jell and thinks they have a good chance at beating their opponents in their upcoming home matches.

On Jan. 21 the Glades Central



The Glades Central Raiders soccer team, led by Captain Wikelmann Lebrun, right, take the field.

Raiders Soccer team will face Royal Palm.

"When they played before they tied zero-zero," Coach Motel said. "They tend to play as well as the opposing team—this may be a real confidence booster."

On Jan. 28 the team will seek revenge against Jupiter, who defeated them 4-2 in their last meeting.

"We played our best game of the season against them. It was only the third game of the season and they played like a team that had played together for a while."

Having spent a season working

together as a team, Ms. Motel thinks the squad is ready to win.

"They played well against one of the stronger teams. They have tremendous potential."

Players to watch include:

•Team Captain Wikelmann Lebrun, the team's sweeper, who like a football safety is the "open man, the last resort before the opposition makes a goal. His job is to run down the guy and take the ball." Coach Motel said Wikelman has an excellent attitude and work ethic. "He tries to get the team to work at this. He has incredible speed, is the fastest on the team." Coach Motel said of the senior who is also a state champion on track star in the relay and pole vault.

The other seniors on the squad



The Glades Central varsity soccer team includes, front row, left to right, Yves Joseph, Roland Noel, Wikelmann Lebrun, Daniel Alonso, Joseph Dunkens, Andrenord Aricy, Dieusel Galetti, back row Coach Lori Motel, Ramero Martinez, Osnel Charles, Ronel Jean, Joans Thelemaque, Wilmer Benitez, Dieusel Fleurant, Cesar Roulio and Booknes Thermidor.



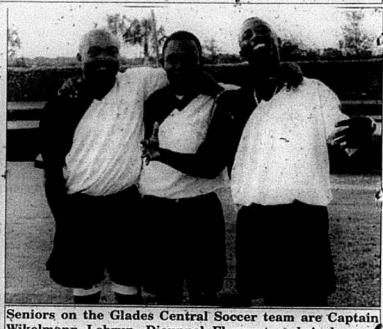
Halfback Wilmer Benitez plays midfield.

are Andrenord Aricy, the striker, who the coach describes as a good athletic, the team's strongest man who provides "strong shots from the outside," and Dieusel Galetti, the kicker for the varsity football team who just joined the squad. "Dieusel is the stopper—he provides strength for the defense and has a strong, long kick."

Among the underclassmen who hope to return next year:

•Ramiro Martinez, a junior, who plays right fullback and one of those the coach describes as "most improved."

•Osnel Charles, a freshman,



Seniors on the Glades Central Soccer team are Captain Wikelmann Lebrun, Dieusel Fleurant and Andrenord Aricy.

strong desire to excel at soccer. Coach Motel said he is also versatile. "You could put him in any position and he would do well."

•Wilmer Benitez, a sophomore halfback plays midfield, supporting the offense and has improved over the last several weeks. Like the quarterback on a football team, his job is to try to recover the ball in midfield.

Also at halfback are Joans Thelemaque, a freshman, who the coach said "gets better with every game," and sophomore Daniel Alonso who the coach said, "has a good attitude and good work ethic."

At wing is freshman Roland

Noel, whose job is to move the ball up the outside of the field and pass it back into midfield for a goal shot. Roland, the coach said, "will get better with age."

Dukens Joseph is the team's striker, whose job is to score points: face to face with the other team's goalie. "Joseph is very fast—so fast he runs right over the ball," Coach Motel said.

Rounding out the team are wing Yves Joseph, goalie Ronel Jean, stopper Dieusel Fleurant, left fullback Cesar Roulio and halfback Booknes Thermidor.



The Pahokee freshmen boys basketball team includes: Javanus Hill (4), Andre Powell (11), Christopher Kellman (15), Demir Boldin (43), Freddie Greene (12), Alphonso Smith (1), Antavious Williams (10), Jesse Brown (22), and Kennard Burton (30) with Coach Darren Hill.

## Glades Day faces Kings Academy at home Friday

In last week's action, the Glades Day Gators varsity basketball team brought their record to 4-10, defeating North Lauderdale Academy 76-25, but losing to Benjamin 92-52 and Hollywood Christian 84-73.

After a week on the road, the Gators will play Kings Academy Friday and North Broward

Saturday at home, seeking revenge after losing to both teams earlier this season.

In last week's action, Jesse Montalto scored 53 points, 28 rebounds and 14 steals, while Ryan Shackelford racked up 50 points and 21 rebounds.

This week, Coach Dick Schmidt said Johnathon Lively and Tany

Porter are the ones to watch as both are playing consistent basketball. Also noteworthy are the two most improved players, Bucky Dobrow and Kamron Hayes.

To win this week, the coach said the team must keep playing and using good basketball skills.



The Glades Central Wrestling Team includes, back row, left to right, Robert Finney (189 lbs.), Ilio Titi (171 lbs.), William Beckford (189), Neghtruce Joseph (275 lbs.), Chris Goggans (215), Sidney Desamour (152); middle row Anthony Otis (152), Johari Harold (145), Mario Fraser (162), Brian Sherman (135), Kurtayious Ball (140), Jose Rodriguez (189/215) and front row, Balqu Faustin (191), Miguel Pierre (145), Omar Cross (130) and Andrew Roberts (145).

## Sun sports this week

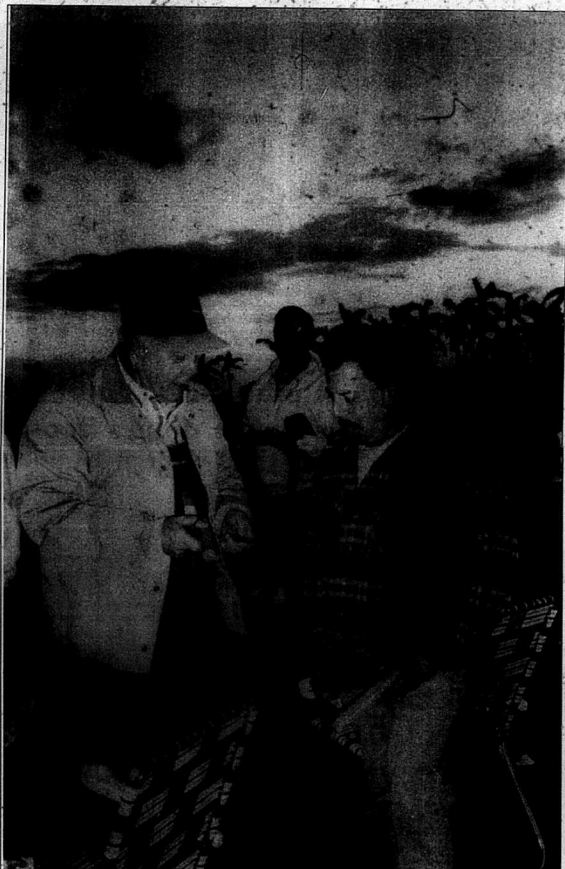
January 20, 2000  
Pahokee Blue Devils at Glades, 6 p.m.  
Pahokee Lady Blue Devils vs. Pope John Paul, 6 p.m.  
Glades Day Lady Gators at Jupiter Christian, 6 p.m.  
Glades Day Lady Gators at Lake Worth, 6 p.m.  
Glades Day Lady Gators at Lake Worth, 6 p.m.  
Glades Day Lady Gators at Lake Worth, 6 p.m.

January 22, 2000  
Glades Central Raiders at Forest Hill, 7:30 p.m.  
Glades Central Raiders at Forest Hill, 7:30 p.m.  
Glades Central Raiders at Forest Hill, 7:30 p.m.

January 22, 2000  
Pahokee Blue Devils at Glades, 6 p.m.  
Pahokee Lady Blue Devils at Pope John Paul, 6 p.m.  
Glades Day Lady Gators vs. North Broward, 6:30 p.m.  
Glades Day Gators, home, North Broward, 7:30 p.m.  
Glades Central Raiders wrestling county at Wellington, TBA  
Glades Central Raiders at Lake Worth, 7:30 p.m.

Coaches  
Fax your game results to 996-2297













Hugh Branch (left) demonstrates the art of whittling to Don Zaccagnino during Pahokee's Sunset Celebration on Saturday, Jan. 15. In addition to enjoying the beautiful sunset over Lake Okeechobee, participants enjoyed roasted corn on the cob and other food as well as music by Joe Stevens.

## "MOORE" SELECTION

## "MOORE" VALUE


## "MOORE" SAVINGS

<b>1997 Chrysler Town &amp; Country LXI</b> 7 Passenger, Leather, Loaded Top Nice to Describe! NADA Book: \$21,875 A Stool At... <b>\$18,599</b> 	<b>1998 Chevy Camaro</b> (Photo does not show actual car on lot - worth has 7-Top!) V-6, T-Top! Fun in the Sun! NADA Book: \$16,725 A Gift At... <b>\$12,999</b> 	<b>1994 Chevy S10 Pickup</b> A/C, P. Steering, AM/FM Stereo w/ Cassette <b>\$4,999</b> 
<b>1993 Oldsmobile Cutlass SL Coupe</b> Titl, Cruise, P. Windows, P. Locks, One Owner <b>\$6,999</b> 	<b>1995 Jeep Grand Cherokee Laredo</b> One Owner, 50,000 Miles, Loaded, Loaded <b>\$11,999</b> 	<b>1995 Ford Taurus LX Sedan</b> One Owner, P. Seat, Aluminum Wheels, Loaded <b>\$8,599</b> 
<b>1995 Chevrolet Cavalier Coupe</b> One Owner, 36K Miles, Like New <b>\$5,999</b> 	<b>LIKE BRAND NEW</b> <b>1998 21-Foot Stratos Pro-Elite Bass Boat</b>  225 Evinrude Vindicator motor, Loaded, Loaded, Loaded! <b>\$21,999</b> Includes Tandem Trailer	

**99 DAY/\$350 MILE WARRANTY ON ALL CERTIFIED VEHICLES**  
**3 DAY/100 MILE MONEY BACK GUARANTEE**

**Steve Moore AutoNation of Belle Glade**  
 1700 E. Old Palm Beach Road  
 Belle Glade, FL 33430  
 561-992-9700 • 800-876-6788  
[www.stevemoorewest.com](http://www.stevemoorewest.com)

**AutoNation**



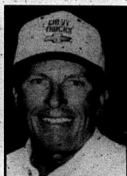
Buick • Chevrolet • Cadillac • Oldsmobile • Pontiac

# STEVE MOORE of BELLE GLADE

## Proudly presents... Chevy Truck Pro Night

1700 E. Palm Beach Road • Belle Glade, Florida  
 Wednesday, January 26, 2000 • 6:00 - 8:00 p.m.

Roland Martin



Star of "Fishing with Roland Martin"  
 Qualified for 98 & 99 FLW Tour Championships  
 Qualified for 22 B.A.S.S. Masters Classics  
 B.A.S.S. Angler of the Year (a record 9 times)  
 20 B.A.S.S. Tournament Victories

Tommy Biffle



Qualified for the 97 & 98 FLW Tour Championships  
 Qualified for 9 B.A.S.S. Masters Classics  
 1993 Mega Bucks Champion  
 1994 Red Man All-American Qualifier  
 Qualified for 6 Red Man Regionals

Tom Mann, Jr.



Qualified for 1999 FLW Tour Championships  
 Qualified for 6 B.A.S.S. Masters Classics  
 1987 B.A.S.S. Georgia Invitational Champion  
 1992 B.A.S.S. MASTER Top 100 Champion  
 Qualified for 6 Red Man Regionals

Larry Nixon



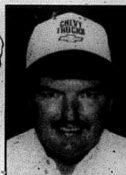
1983 B.A.S.S. Master Classic Championship  
 Qualified for the 98 & 99 FLW Tour Championships  
 Qualified for 21 B.A.S.S. Masters Classics  
 2 B.A.S.S. Angler of the Year titles  
 4-time B.A.S.S. Master Megabucks Champion  
 1st to pass the B.A.S.S. million winnings threshold

Denny Brauer



FLW Angler of the Year 1998  
 1999 Legends Tournament Champion  
 1998 B.A.S.S. Master Classic Champion  
 Qualified for 96, 98 & 99 FLW Tour Championships  
 Qualified for 17 B.A.S.S. Masters Classics  
 B.A.S.S. Angler of the Year in 1987  
 Joined the B.A.S.S. Millionaire Club 1997

David Fritts



97 FLW Tour Championship against 2 FLW tournament winners  
 Joined the elite Millionaire Club 97  
 94 B.A.S.S. Angler of the Year  
 93 B.A.S.S. Master Classic Champion  
 Qualified for 96, 97, 99 FLW Tour Championships  
 Qualified for 5 B.A.S.S. Master Classics  
 5 B.A.S.S. Tournament Victories

Fishing Superstars from the FLW, B.A.S.S. and Red Man Tournament Trails will be on hand to sign autographs and show off their tournament-rigged Chevy Suburbans and the Ranger Boat. This is an excellent opportunity to get some fishing tips from bassing's great ones!! Bring the whole family and help us celebrate Bass Fishing Night at **Steve Moore of Belle Glade**, 1700 E. Palm Beach Rd., Belle Glade, FL on Wednesday, January 26th from 6:00-8:00 p.m.

Door prizes will be given by the following sponsors:

**STREN**

**ACDelco**

**Ranger**  
BOATS

**Raytheon Electronics**

**QUANTUM**  
The Heart of Quality Electronics

**EVINRUDE**

**ZOOM**

**Gabrielle Marie Graydon**

## Obituaries

**Gustavo A. Torres**, 55, of Belle Glade died Friday, Dec. 31, 1999 at Manatee Memorial Hospital, Bradenton. Mr. Torres was admitted to Manatee Memorial on Christmas Day, and succumbed to his injuries New Year's Eve.

Mr. Torres was born Nov. 6, 1944 in Masaya, Nicaragua and had been a resident of Belle Glade for 14 years. He was employed at Okeelanta Sugar.

Mr. Torres is survived by his wife, Anna Torres of Bradenton, and two sisters, Maria Hurtado of Belle Glade and Salvadorita Bonillo of Texas.

Services for Mr. Torres were held Sunday, Jan. 9 in the chapel of Mixson Funeral Home with Pastor Rigel Zelaya officiating. Mr. Torres was returned to his home in Nicaragua for burial.

Kraeer-Mixson Funeral Home was in charge of arrangements.

**Raymond Harper**, of Belle Glade died Wednesday, Jan. 12, 2000 at Glades General Hospital after a long illness. Mr. Harper was born in Elberton, Ga. in 1924 and moved to Belle Glade from Crescent City. He had been a resident of the Glades for 54 years. He was a dragnet operator for Ranger Construction in West Palm Beach for many years and was a member of the American Legion in Belle Glade. He was a member of the American Legion in Belle Glade and served in the U. S. Army Air Corps during World War II.

Survivors include his wife, Opal Christine Harper of Belle Glade; three sons, Kenneth R. Harper of Belle Glade, Danny Merrill Harper of Ft. Lauderdale and Grover Cleveland Harper of Ft. Lauderdale; two daughters, Ruth Ann Harper of Belle Glade, a sister, Ruth McIntosh Braden; two grandchildren and one great grandchild.

Funeral services were held Saturday, Jan. 15 at Glades Funeral Chapel in Belle Glade with Rev. Alvin E. Nichols officiating. Interment followed with military honors at Port Mayaca Cemetery. Arrangments by Glades Funeral Chapel, Belle Glade.

**Marjorie Nell Roberts**, 71, of Clewiston, died Thursday, Jan. 13, 2000 after a long illness. She was a native of Clewiston and lifelong resident. Mrs. Roberts was the clerk for the City of Clewiston for many years and was a member of the First Baptist Church of Clewiston.

Mrs. Roberts is survived by her husband, Charles L. "Rabbit" Roberts, and son Robin Roberts, both of Clewiston; a daughter, Teresa Marville of Belle Glade, and her mother, Rose Allen of Clewiston and four grandchildren.

Funeral services were held Tuesday, Jan. 18 at the First Baptist Church of Clewiston with Rev. Ken Reaves officiating. Interment followed at Ridgelawn Cemetery. Akin-Davis Funeral Home of Clewiston was in charge of arrangements.

# Jews for Jesus Missionary at Community United Methodist

Gregory Savitt, a missionary with Jews for Jesus, will be guest speaker at Community United Methodist Church on Sunday, Jan. 30 at the 10:55 a.m. worship service. His topic will be "Y'shua, the Jewish Way to Say Jesus."

Greg has been a Jewish Christian since Nov. 1991. He made his decision to make "Y'shua" (Jesus) his Messiah at a concert presented by "Liberated Wailing Wall" (the mobile musical team of Jews for Jesus). His wife Denise is a Gentile Christian and shares Greg's desire to bring

the Gospel to Jewish people. They have three beautiful children: Dylan, 10, Judah, 5, and a new baby boy, Ruben.

In 1937 they left Chicago, Ill., where Greg had been employed as a Certified Public Accountant. They moved to New York City where he began a year of missionary training. After completing his training, they were assigned to the south Florida branch of Jews for Jesus. Greg now spends his time handing out broadsides (gospel tracts), speaking in churches and meeting with Jewish people.

who want to know more  
about Jesus

The public is welcome to attend this and all services at Community United Methodist Church. In particular, Jews who are interested in a better understanding of the Christian faith from a Jewish perspective are encouraged to visit. The Church is located at 401 S.W. First Street in Belle Glade. A nursery is provided.

For more information,  
please call the church office  
at (561) 666-5568.

## Graydon birth announced

Ronnito and Jennifer Graydon announce the birth of their daughter, Gabrielle Marie Graydon. She was born Monday, Dec. 20, 1999 at 2:32 p.m. in Titusville, weighing 8 lbs. two ounces and was 19 1/2 inches long. Paternal grandparents are Ronnie and Mirtha Graydon of Pahokee and maternal grandparents are David and Jackie Murphy of West Palm Beach.



State Representative Addie Green, guest speaker for the Alpha Kappa Alpha Founders program Saturday, and Belle Glade Mayor Harma Miller, right, are pictured with former Mayor William A. Grear, center, who was recognized as a "millennium trailblazer" by the group.

## Alpha Kappa Alpha hosts Founders Celebration Jan. 8 at St. John's Baptist

Alpha Kappa Alpha Sorority the largest sorority of college women in the world numbering more than 125,000 in the continental U.S. and foreign countries and territories, through the local chapter of Mu Ro Omega, honored its founders on Sunday, Jan. 8 at St. John Baptist Church.

State Representative Addie Green was the speaker for the program. She spoke about the importance of the African American vote in the new millennium and the need for knowledge of the issues. She was honored as a millennium

maker or trailblazer along with former Mayor William A. Grear. Aspiring candidate James Harper introduced Rep. Lincoln to the group after Lincoln had formally endorsed Harper as her choice to succeed her.

The group also recognized African Americans around the area, including Mayor Clarence Anthony, Commissioners Clarisa Davis, Miranda Smith, Esther Berry and Vice Mayor Willie Marshall, all of South Bay; Pahokee Commissioners Roy Singletary, Keith Babb and Henry Crawford; Belle Glade Mayor Harna Miller and Com-

missioners Mary Wilkerson and Steve Wilson.

Members representing a collective 25 years of leadership to the local chapter and to Belle Glade citizens were also honored.

Alpha Kappa Alpha supports community programs including two youth groups, a food distribution and exchange program, a community honors banquet, a scholarship program, which served four girls last year and provides mentoring and empowerment activities for its own members.

## Glades Churches host outreach revival to combat AIDS

Representatives from area churches gathered Thursday night at Mt. Zion Church in Belle Glade for their first outreach revival of the new millennium for the SHIP Spirit 2000 project aimed at eradicating HIV in the new millennium.

The group, who went door-to-door from 6-8 p.m. sharing education information concerning HIV and AIDS served approximately 300 people, who told the church members that the information was needed.

Participants in the first outreach revival included: Alex Schaffer, SHIP coordinator, Pastor Charles Derico, Evangelist Pamela Derico, Evangelist Melva Webb, Brother Tyrone Jenkins, Sister Samantha

Smith, Mr. J.D. Kane of First  
Born Church of the Living God,  
Belle Glade; Rev. Clifford C.  
Davis, Wesleyan Community  
Holiness Church, Belle Glade;  
Rev. Joseph Michel, Church of  
God of Prophecy, Belle Glade;  
Sister Sandra Daniels, Shirley  
Morris and Roosevelt Jones of  
Mt. Zion A.M.E., Belle Glade,  
and Sister Peggy King, New  
Bethel Missionary Baptist  
Church.

The caravan started in the yard of Mt. Zion A.M.E. with registration, distribution of t-shirts, pamphlets and gospel tracks. Candles were lit and carried as the participants sang, "This Little Light of Mine," as they moved slowly through S.W. Avenue C Place to Sixth Street.

down Martin Luther King Blvd. and back to the church, where they sang, "Let's go back to church," prayed, took pictures and dismissed.

Participants said they hope that all community-based organizations will join them in hopes of bonding services together in the community and invited those infected and affected by AIDS to join them so that they need never walk alone again. All churches are invited to attend or participate. For more information, contact Melva Webb or Sandra Daniels at 996-1600.

The next outreach street revival will take place on Feb. 10, 2000 beginning at 6 p.m. The location will be announced at a later date.

## Rose of Remembrance weekend honors

Religious congregations throughout the county will observe Hospice of Palm Beach County's fifth annual Rose of Remembrance Weekend, Feb. 4-6. Churches and synagogues will honor the memories of loved ones and recognize the special partnerships between Hospice of Palm Beach County and the religious community.

Participating congregations receive a single white rose to display prominently during that weekend as a visual reminder of family, friends, neighbors' or co-workers who were cared for by Hospice of Palm Beach County. Bulletin inserts describing the many services which benefited more than 3000 Hospice of Palm

### Hospice patients

Beach County patients will also be provided.

Hospice of Palm Beach County provides comfort-oriented medical care for patients with life-limiting serious illnesses.

For more information, contact Carol Gopstead at (561) 927-5159.

# Local Houses of Worship

**Relie Glade**  
 APOSTOLIC CHURCH OF JESUS CHRIST  
 2124 W. Canal St. North  
 Pastor: J. F. Ford

**RELIE GLADE ALLIANCE CHURCH**  
 401 E. Canal St. North  
 Rev Lloyd G. Green

**CROWN REDEEMPTOR BAPTIST CHURCH**  
 2441 NW Avenue G  
 Rev. George Walters

**CHURCH OF CHRIST**  
 125 NW Avenue D  
 Maurice Oak Harbo

**CHURCH OF GOD IN CHRIST #1**  
 1112 W. Avenue C West  
 Pastor: S. Edwards

**CHURCH OF GOD OF BELLE GLADE**  
 301 SE Avenue E  
 Rev. Earl Worthington

**CHURCH OF GOD OF PROPHECY**  
 901 NW Avenue D  
 Pastor: Jesse Ingram

**CHURCH OF JESUS CHRIST  
 LAYERS DAIR BAPTIST**  
 401 NW Avenue A  
 Rev. John Ingram

**CHURCH OF THE LORD JESUS CHRIST  
 OF VERA APOTOLIC FAITH**  
 127 NW 10th St.  
 Rev. Arthur Williams

**COMMUNITY HOUSE OF PRAYER & CHRIST**  
 832 W. Avenue A  
 Elder: James C. Hall

**COMMUNITY UNITED METHODIST CHURCH**  
 1001 NW Avenue D  
 Pastor: Douglas A. Day

**EL BETHEL EVANGELIST**  
 1901 Palm Beach Blvd  
 Pastor: Leroy Lott

**FIRST BAPTIST CHURCH**  
 17 NW Avenue B  
 Rev. Ciro Pardo

**GREATER ST. PAUL CHURCH  
 OF GOD IN CHRIST**  
 741 W. Avenue A  
 Pastor: Charles A. Jones

**HARTMAN MISSION OF THE FIRST BAPTIST  
 CHURCH**  
 641 NW Avenue A  
 Rev. J. F. Ford

**IGLESIA DE CRISTO PENTECOSTAL**  
 24 SE Avenue C  
 Rev. Natividad Jimenez

**IGLESIA BAPTISTA REDEEMPTORA**  
 411 W. Canal St. North  
 Rev. Axel Ostrom

**HERALD TEMPLE METHODIST**  
 304 NW 10th Street  
 Rev. Bruce E. Schulte

**MT Zion A.M.E. CHURCH**  
 249 SW 10th Street  
 Rev. J. S. Gentry

**NEW METHODIST BAPTIST CHURCH**  
 1111 West Avenue A  
 Rev. R. F. Shannon III

**ST JOHN FIRST BAPTIST CHURCH**  
 600 SW 10th Street  
 Rev. J. F. Adams

**ST. JOHNS EPISCOPAL CHURCH**  
 227 NW Avenue G  
 Pastor: Ralph Mackie

**ST. PETERS LUTHERAN CHURCH**  
 125 E. Canal St. North  
 Rev. Richard Adams

**ST. PHILIP BENEDICT CATHOLIC CHURCH**  
 711 E. Main Street

**SOUTHERN CHURCH OF CHRIST**  
 1010 S. Main Street

**SPANISH MISSION OF  
 THE FIRST BAPTIST CHURCH**  
 17 NW Avenue B

**THE GLOUBOUS CHRISTIAN HOLINESS  
 CHURCH OF JESUS OF THE APOTOLIC  
 FAITH, INC.**  
 14 NW 10th Street  
 Elder: C. B. Johnson

**WORTHINGTON CHRISTIAN CATHOLIC  
 BISHOP'S CHURCH**  
 1424 W. Avenue B South  
 Rev. James Patten

**Canal Point**  
**CANAL POINT BAPTIST CHURCH**  
 107 NW Avenue  
 Pastor: James A. Bennett

**CANAL POINT UNITED  
 METHODIST CHURCH**  
 107 NW Avenue  
 Rev. Leslie Joyce

**PRIMERA IGLESIA DEL NAZARENO**  
 1001 NW Avenue D  
 Pastor: Maple de la Corda

**Canal Point**  
**COMPASSION CHRISTIAN  
 CENTER CHURCH**  
 541 Pennekamp Drive  
 Pastor: Rick Bethel

**Daboke**  
**APOSTOLIC CHURCH OF PAROKKE**  
 151 E. Main Street  
 Pastor: Maxwell Dugan

**BIBLE CHURCH OF GOD**  
 301 NW Avenue D  
 Rev. George Jackson

**CHURCH OF GOD**  
 2 NW Avenue D  
 Pastor: Bishop Paul McKinzie

**CHURCH OF GOD OF PROPHECY**  
 2001 E. Main Street  
 Pastor: Harold Craig Gibson

**CHURCH OF THE HOLY  
 NATIVITY EPISCOPAL**  
 1020 E. Main Street

**CHURCH OF THE NAZARENE**  
 401 Bacon Point Road  
 Rev. Gerald Matthews

**FIRST BAPTIST CHURCH**  
 225 Bacon Point Road  
 Rev. Don Hightower

**FIRST UNITEDMETHODIST CHURCH**  
 419 E. Main Street  
 Rev. Dennis D. King

**GOOD SHEPHERD CHURCH OF GOD**  
 1500 Bacon Point Road  
 Pastor: James A. Bennett

**HARVEST A.M.E. CHURCH**  
 402 Lakeside Blvd  
 Rev. Felipe S. Wallace

**LAKESHORE BAPTIST CHURCH**  
 3052 NW Point Road  
 Pastor: Ted Hixon

**NEW BEGINNERS HOLINESS CHURCH**  
 404 NW South Lake Avenue  
 Pastor: Samuel Montgomery

**NEW HOPE METHODIST BAPTIST CHURCH**  
 100 SE 1st St.  
 Rev. Percy L. Bass

**PENTECOSTAL MIRACLE REVIVAL CENTER**  
 817 South Lake Avenue  
 Pastor: D. B. Powell

**PRIMER IGLESIA DEL NAZARENO**  
 400 Bacon Point Road  
 Pastor: Ralph Mackie

**SHILOH LUTHERAN BAPTIST CHURCH**  
 479 Berlin Avenue  
 Pastor: Larry Wynn

**ST. MARY'S CATHOLIC CHURCH**  
 1001 NW Main Street  
 Father: John Montemurro

**Raidersville**  
**MT CALVARY BAPTIST CHURCH**  
 Canal Street  
 Rev. - and Canon

**Seash Bay**  
**CHURCH OF ALL NATIONS**  
 1 Mile South of Seash Bay, US 127  
 The Ridge Club

**CHURCH OF GOD**  
 150 SW 1st Avenue  
 Rev. Edgar C. Miller

**MIRACLE FAITH REVIVAL CENTER**  
 NW 1120 Street  
 Elder: Barry Humphrey

**MT CALVARY FIRST BAPTIST CHURCH**  
 NW 10th Avenue  
 1900 SW 10th Avenue

**NEW METHODIST A.M.E. CHURCH**  
 1800 NW Street  
 1800 NW Street

**FIRST HOLINESS CHURCH  
 OF THE LIVING GOD**  
 NW 12th Street  
 Bishop: Wichee

**THE INSPIRATIONAL CHURCH  
 OF GOD**  
 115 NW 10th Avenue  
 Pastor: J. S. Gentry

**APOSTOLIC CHURCH OF  
 JESUS CHRIST**  
 110 Palm Beach Blvd  
 Rev. J. S. Gentry

**JAMES A. BENNETT**  
 Funeral Home  
 (561) 924-5604  
 Locally Owned & Operated

**GLADES FUNERAL  
 CHAPEL**  
 (561) 996-6122  
 Locally owned & Operated



**SUNSPOTS/From page 1**

**Creative people sought**

The EDGE Center is looking for creative people in the Glades who would like to earn money at their craft:

Shannell Grimes, Folklife Survey Coordinator at the EDGE Center is seeking those who do woodworking, weaving, leatherworking, performing, metal working, quilting, specialty/ethnic cooking, paper crafting, pottery making, painting, needleworking or sculpting.

A meeting is planned for Tuesday, Jan. 25 at 5:30 p.m. at Palm Beach Community College, Glades Campus for those who have any of these talents.

For further information, please call Ms. Grimes at 993-3343.

**Magnet Program deadline nears**

The Palm Beach County School District Magnet Program application period is now open. Application deadlines for high schools is January 28 and for elementary it is Feb. 25.

For more information or to receive an application, contact Berta Alvarez, Gove Elementary, at 993-1922.

**Free estate planning seminar Jan. 27**

Florida Estate Services Attorney A. Patricia Barwick will be offering a free educational presentation on Revocable Living Trusts on Thursday, Jan. 27 at 2:30 p.m. at the Drawbridge Cafe in Belle Glade.

Issues to be discussed include Wills vs. Living Trusts, How to Avoid Probate, Conservatorship and Eliminating Unnecessary Estate Taxes.

Reservations can be made by calling (800) 874-8724.

**Elections open**

Elections are now in the air.

**Calves/From Pg. 1**

their navel cord cleaned and doctored immediately after birth, Eric said, or infection sets in.

The Comeaus' and the Schneiders got a lot of attention for their rescue efforts after an article ran in the *Okeechobee News* and on several television stations.

After all the publicity, the Schneiders said, "Our telephone rang off hook, people calling to make donations."

They received over \$800 in donations from people from Miami to Jump Beach. Others volunteered to adopt some of the calves. Some people gave calves of hay, others gave feed,

process for the 2000 calendar year for the Palm Beach/Broward County Farm Service Agency. The committee will consist of three regular members from Palm Beach County and two from Broward. Each member represents a local administrative area.

The deadline for nominating petitions is Jan. 21 and ballots will be mailed to eligible voters by Feb. 24. The last day to return ballots is March 6.

Nominating petitions and voter's eligibility listing are available at the Farm Service Agency located at 2976 SR 15 (US 441) Belle Glade. For more information call 996-7900.

**Workers needed for Census 2000**

The Census 2000 Bureau is in the process of scheduling testing sites for the Glades for positions that will be available in this upcoming census. The positions are part-time and full time, as Census takers, crew leaders and office clerks.

Anyone interested can call Belle Glade City Hall at 996-0100 and leave their name and number with the receptionist or call 1-888-325-7733 to find out how and where to apply.

**Montura Fun Fest**

Glades residents are invited to participate in the grand opening celebration of the Montura Park and Playground on Saturday, Feb. 5.

Crafters are welcome and there are flea market spaces available and collectors are also welcome.

Booth spaces start at \$10 and food booths are \$25.

The theme for this year's event is "Youth Explosion." For more information, contact Helen at 941-983-9633 or Pat at 941-983-3581.

**Vendor booths available for Black Gold Jubilee**

Vendor booth applications are now being accepted for the 2000 Black Gold Jubilee to be

and one man donated some fence posts.

The Schneiders also have three other calves, Spunky, Jack (short for Jack-o-lantern), who was born near Halloween and Spooky, who was born on Halloween. The calves were bottle fed by Lisa and after they were bottle broken, they moved to the Schneider farm.

Rescuing hurt or unwanted animals comes naturally to the Schneiders, who have already taken in a blind beagle and two other beagles that were going to be put down at an animal shelter. They also have a horse that Carol says was abused by its former owner, a stray pregnant cat who has since given,

held April 15.

Applications may be obtained from the Belle Glade Chamber of Commerce; by mail at P.O. Box 733, Belle Glade, FL 33430, or by calling 993-3343. The deadline for applications is March 31, 2000.

**Red Cross needs volunteers**

The American Red Cross Glades Area Branch is looking for residents of the Glades area to get involved with various programs and services offered by the American Red Cross.

For more information contact your local American Red Cross at 992-9703.

**Bingo every Tuesday**

The Pahokee Elks Lodge, East Main Street, offers bingo every Tuesday evening at 7 p.m. at the Lodge.

For more information call the Lodge.

**Applications being accepted for PEPPY Head Start**

PEPPY Head Start, 200 Southwest 9th Street, Belle Glade, is now accepting applications for three and four year olds for the 1999-2000 school year.

There is no cost and children with disabilities are welcomed. For more information call 996-1718.

**Activities for seniors open and free**

Glades residents 65 years old and older are invited to participate in activities held daily at the West County Senior Citizen Center, 2916 St. Road 15, Belle Glade.

Administrator Effie McNair said many fun activities are scheduled for the participants, including a birthday cake and punch party held the last Friday of each month.

Fire prevention and safety classes can be held in Seniors' homes and free blood pressure screening is offered.

For more information or birth to five kittens and a potbellied pig called Sam. In addition, they and their four children care for several rabbits and chickens.

The Comeaus' and the Schneiders decided to form a not-for-profit organization to handle all the donations and hopefully, rescue more calves. Calf Rescue, Inc., is now off and running and the donations continue to come in.

"My wife keeps a list of people who want to adopt them after they're bucket broke," said Eric.

Anyone interested in adopting a calf or donating to the organization can call the Schneiders at 863-467-5840.

# Sugar farmers urge approval of governor's budget to fund Florida's share of Everglades Restudy project

Florida's sugar farmers praised Gov. Jeb Bush's proposed budget for Everglades restoration, which would fund Florida's partnership share of the Everglades Restudy project.

"The budget proposed by Gov. Bush will fully fund Florida's share of this complex 20 year project without creating new taxes for Floridians," said Robert H. Buker, Jr., senior vice president of U.S. Sugar Corp. "It will meet the schedule as outlined in the conceptual

Restudy Plan which we support and will assure that Florida's Everglades will be restored and preserved for future generations. It should be among the first actions of the Florida Legislature this coming session. We need to move forward without delay and securing the funds was the biggest obstacle. The governor has done his part, now it is up to the Florida legislature and Congress to do theirs." Buker said action on the governor's

budget also, "will be a strong signal to Congress of Florida's commitment to Everglades restoration and will be the beginning of an effort to convince Congress to quickly pass its share of the project funding."

"Once we know we have the money we can move quickly to design, project authorization and construction. We hope the Corps of Engineer's sets a world record for the speed of completion of these projects," Buker added.

## Belle Glade Elks "Hoop Shoot" Southeast District winners advance

The Belle Glade Elks "Hoop Shoot" finalist will advance to the Miami Regional competition. The winners of the Southeast District Elks National Free Throw Contest "Hoop Shoot" has ended.

The first place winners are: 8-9 Girls, Vionni Brown, Belle Glade

8-9 Boys, Jacob Lauver, Okeechobee

10-11 Girls, Melinda Vasquez, Okeechobee

10-11 Boys, Kenton Phillips, Pahokee

12-13 Girls, Ranetta Burden, Belle Glade

12-13 Boys, Joseph Thomas, Pahokee.

These finalists competed with students from West Palm Beach Lodge #1352, Pahokee Lodge #1638, Belle Glade

Lodge #1716, Clewiston Lodge #1853, Jupiter Lodge #2469, Okeechobee Lodge #2558, Lantana-Boynton Lodge #2676 and Palm Beach West Lodge #2785.

The first place winners will compete in the next-level of advancement in Miami, January 22 at 9 a.m.

Belle Glade Elks members are very proud of these athletes

## Couples' Adjustment to Retirement Shouldn't Rattle the Nerves

She's been getting up every morning at 5:30 a.m. for 25 years to fix his 6:30 breakfast. He's been heading out to his job as a high school basketball coach for just as many years. Recently, however, he opted for early retirement and while she is thinking it's finally okay to sleep in a little later, his biological alarm clock just keeps right on clanging around 6 a.m. every morning.

Traditionally, this is the way we know retirement. The sandwich generation, those who take care of children and parents concurrently, however, may be spending their retirement years a little differently. According to Radford University social work instructor Jane Roberts, the adjustment to a change in roles and household activities does not have to rattle the nerves of a happily married couple. While Roberts believes that current trends reveal it's less likely couples are living out the fairy tale of spending more time with the grandkids, sitting on their front porches and traveling the world, it still can be an exciting time in a couple's life. "Retirement can be very rewarding and fulfilling for a couple. They just have to realize there are adjustments coming."

"Those who have identified themselves with the job or have held their jobs in high esteem and part of their identity, find it harder to retire."

It doesn't matter if they're a "blue or white collar worker and it doesn't matter if they were a traditional mom and housewife."

If they felt their jobs were part of their identity, it's going to be hard for them to retire," Roberts notes.

The spouse will soon realize that there is much more than just an "empty nest" syndrome

going on in the household. "They were a part of something for a long time. It's going to be hard to sit down and do nothing."

In all likelihood, today's retiring couples aren't sitting around staring at one, Roberts says. "They're out there in the community getting involved and helping." Roberts' research reveals that retirees are unique, contributing members of the work force and are very active in volunteerism.

"Many retirees are starting to do consulting and even become mentors to the people who are just entering their field of expertise," Roberts says. With one or both spouses being involved in some type of work or volunteer effort after retirement, chances of extreme adjustment problems are unlikely.

"Yes, there will be a change in the role the spouse plays," Roberts says. Men are retiring earlier and the women are working longer.

Also, men may be the stay-at-home spouse while the wife is either continuing her career or perhaps starting a new one. "Some wives may be going to work for the first time after the husband retires," Roberts says. The children are now grown and she is choosing to establish her own place in the world by going to work outside the home. "Not so many couples are facing empty nest syndrome as we think," Roberts notes.

Most are actually finding they don't have much time after retirement to worry about their children being grown and out of the home.

If the first few weeks of retirement are testing the patience of a couple, Roberts offers these suggestions:

Be assertive. If you need time alone, tell the other person. I

need time alone."

Trust your own children's instincts. Children of retiring couples know the strengths and weaknesses of their parents; they can encourage them to get involved in activities where they can most benefit and receive the most personal self reward.

Don't use do something to stay busy. Be helpful. Volunteering in schools, retirement communities, day care centers or hospitals may be the answer. It's always good to know you're needed.

Realize the marriage is still a partnership and not about power differences. If the wife keeps working after the husband retires, the husband needs to know "that's okay." Women are simply living longer and they feel like doing more because they're healthier after forebore," says Roberts. Don't fixate on changing the behavior of your spouse. Willing compromise can effectively smooth out the differences in adjustment. Roberts suggests good, simple communication. If you need time alone, don't say "You're always in my face."

Psychologists stress that humor can also be the spice that both livens and eases the adjustment process for retirees. Taking a walk on the mild side sometimes make couples see things in a different light and brings to realization that their differences are no

# SFWMD reports drop in phosphorus flowing into northern Everglades

For the fourth consecutive year, the South Florida Water management District has reported a significant decline in the amount of phosphorus in the water coming off farms in the Everglades Agricultural Area south of Lake Okeechobee.

The total phosphorus reduction in the runoff was 49 percent for the period of May 1, 1998, to April 30, 1999. The state's 1994 Everglades Forever Act requires EAA farmers to reduce the total phosphorus in the runoff from their land by 25 percent each year by implementing "best management practices" (BMPs) to cleanse the water. The annual phosphorus load reduction is calculated by comparing the current year's amount with the runoff from the 10-year base period of 1978-1988 before BMPs were in place, adjusted for differences in rainfall between the two periods.

The District normally releases this information in the fall;

however, agency organizational changes and time involved in data analysis caused the delay this year.

The state required BMPs to be in place by January 1995. For the last three years, EAA farmers have achieved an average 44 percent reduction over the estimated phosphorus load that would have occurred had they not implemented BMPs. For the "water year" 1999 (May 1, 1998 to April 30, 1999), they reduced the total phosphorus load by 24 percent over the state's requirement for an annual 25 percent reduction.

For "water year" 1999, 128 tons of phosphorus flowed out of the EAA basin (including farms, towns, and industry) compared with the estimated 249 tons of phosphorus had the BMPs not been implemented. Similarly, pre-BMP average concentrations of 173 parts per billion now average 107 parts per billion during the last three-year period with the BMPs in place, says the

District.

The District is preparing an analysis and summary of the overall phosphorus loads to the Everglades from all sources, which will be included in the Everglades Agricultural Area BMP annual report to be published in the spring of 2000.

"While the latest phosphorus measurements 'continue to show great progress in reducing the loads in EAA runoff, we still have a long way to go," says Frank R. Finch, P.E., District executive director. "We at the District are committed to doing everything we can to ensure we and our partners remain vigilant in delivering clean water to the Everglades as part of the overall restoration."

For of our six required stormwater treatment areas are complete, and two are already online. These STAs will work in conjunction with the BMPs to deliver even cleaner water to the northern Everglades in the future."

12oz Prime Rib Dinner served with Salad, Fresh Baked Bread & Choice of Potato: \$10.99 with coupon

Black Gold Steakhouse, 1100 N. Main St., Belle Glade (561) 996-5444

**Lordy, Lordy...**

Who's gonna be 40?

# FREE! Absolutely FREE!

ADVERTISING COSTS UNDER \$2,000 - FREE word processing and editing - FREE color photos - FREE design - FREE delivery

## FREE! Absolutely FREE!

ADVERTISING COSTS UNDER \$2,000 - FREE word processing and editing - FREE color photos - FREE design - FREE delivery

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003

TO THE SUN, Thursday, January 30, 2003





**GIANT  
MILLENNIUM  
2000**

**JANUARY**

**CLEARANCE SALE**

Jan. 19, thru Jan. 29,

SAVE  
\$50.00  
ON ANY  
RECLINER

SAVE  
\$200.00  
ON ANY  
SECTIONAL

SAVE  
\$100.00  
ON ANY  
LIVING ROOM  
GROUP

**SAVE 10% 20% UP TO 50%**

**ON SELECTED IN-STOCK CLEARANCE ITEMS**

YOU WILL FIND SAVINGS IN EVERY DEPARTMENT.

**LIVING ROOM - BEDROOM - DINING ROOM**

**APPLIANCES - STEREO & T.V.**

**OCCASIONAL TABLES - BEDDING - LAMPS & PICTURES**

SAVE  
20%  
ON ALL  
LAMPS

SAVE  
10%  
ON ANY  
APPLIANCES

SAVE  
20%  
ON ANY  
BEDDING

Since 1929

**Royal's**

**FURNITURE**

APPLIANCES & ELECTRONICS

"Hometown Stores serving Hometown People"

225 W. CANAL STREET N.  
BELLE GLADE  
561-996-7646

400 S.W. AVENUE A  
BELLE GLADE  
561-996-2275

1506 LAKE TRAFFORD ROAD  
IMMOKALEE  
941-657-6138

117 S. DEANE DUFF  
CLEWISTON  
941-983-4121

3660 SOUTH US 27  
SEBRING  
941-385-2571

131 WEST MAIN STREET  
WAUCHULA  
941-773-4000



**6 MONTH  
SAME AS CASH  
AVAILABLE\***

\*WITH APPROVED CREDIT



**ROYAL'S  
E-Z FINANCING  
AVAILABLE!**



**START  
MILLENNIUM  
2000**

**JANUARY**

**CLEARANCE SALE**

Jan. 19, thru Jan. 29,

SAVE  
\$50.00  
ON ANY  
RECLINER

SAVE  
\$200.00  
ON ANY  
SECTIONAL

SAVE  
\$100.00  
ON ANY  
LIVING ROOM  
GROUP

**SAVE 10% 20% UP TO 50%**

**ON SELECTED IN-STOCK CLEARANCE ITEMS**

YOU WILL FIND SAVINGS IN EVERY DEPARTMENT.

**LIVING ROOM - BEDROOM - DINING ROOM**

**APPLIANCES - STEREO & T.V.**

**OCCASIONAL TABLES - BEDDING - LAMPS & PICTURES**

SAVE  
20%  
ON ALL  
LAMPS

SAVE  
10%  
ON ANY  
APPLIANCES

SAVE  
20%  
ON ANY  
BEDDING

Since 1929

**Royal's**

**FURNITURE**

APPLIANCES & ELECTRONICS

"Hometown Stores serving Hometown People"

225 W. CANAL STREET N.  
BELLE GLADE  
561-996-7646

400 S.W. AVENUE A  
BELLE GLADE  
561-996-2275

1506 LAKE TRAFFORD ROAD  
IMMOKALEE  
941-657-6138

117 S. DEANE DUFF  
CLEWISTON  
941-983-4121

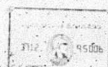
3660 SOUTH US 27  
SEBRING  
941-385-2571

131 WEST MAIN STREET  
WAUCHULA  
941-773-4000



**6 MONTH  
SAME AS CASH  
AVAILABLE\***

\*WITH APPROVED CREDIT



**ROYAL'S  
E-Z FINANCING  
AVAILABLE!**